Clothing

Calvary Baptist Church

715 SW H Ave. Phone: 580,353,2006 ext. 3

Cameron Baptist Church - Clothes Closet

2621 SW C Ave. Phone: 580.355.4854

Open Wednesdays 4-5:30pm

Central Baptist Church of Lawton

901 SW B Ave. Phone: 580.353.6750

Goodwill Industries of Southwest OK

1203 SW Lee Blvd. Phone: 580.355.2163 616 NW Sheridan Rd. Phone: 580.699.3292

Lawton First Assembly

2201 NW 82nd St. Phone: 580.536.9325

Lawton Food Bank

1819 SW Sheridan Rd. Phone: 580.353.7994

foodishappy@lawtonfoodbank.org

Salvation Army Thrift Shop

1306 SW E Ave. Phone: 580.355.0399

Suits for Success

210 SW Texas Ave. Phone: 405.820.0096 or 580.248.8811

Super Thrift

602 SW Sheridan Rd. Phone: 580.353.1433 1324 NW 53rd St. Phone: 580,699,2288

Child Care Assistance

Boys & Girls Club - Salvation Army

1315 SW F Ave. Phone: 580.357.7541 **DHS - Child Care Subsidy Program**

2609 SW Lee Blvd. Phone: 580.250.3600

Crossroads Youth & Family Services

2402 SW E Ave. Phone: 580.248.0474

MIGHT Community Development & Resource Center

714 SW 45th St. 580.595.4808

Counseling/Rehabilitation

Cameron Psychology Clinic

275 SW 27th St. Phone: 580.581.3153

Catalyst Behavioral Services

1114 SW A Ave. Phone: 580.357.8114

Catholic Charities

106 SW A Ave. Phone: 580.353.1811

Christian Family Counseling Center

5002 SW Lee Blvd. Phone: 580.531.4512

Marie Detty Youth & Family Services

2501 SW E Ave. Phone: 580.248.6450

Oklahoma Department of Rehabilitation Services

1802 NW Ferris Ave. Phone: 580.585.4200

Open Arms Behavioral Health Counseling Center

6221 W Gore Blvd. Phone: 580.351.9998

Pregnancy Resource Center - Pregnancy Counseling

319 SW C Ave. Phone: 580,536,4040

Substance Abuse Comanche Nation Prevention & Recovery

Center - Drug & Alcohol Addiction

Office: 8501 NW Madische Dr. Phone: 580.492.3614

Outpatient Center: 8 SW D Ave. Suite D Phone: 580.357.3449

Valley Hope

Phone: 800.544.5101 – 24/7 TeleCare, virtual addiction treatment

100 S Jones Ave. Cushing, OK

Phone: 918.225.1736 – residential detox services

10707 Broadway Ext. OKC, OK

Phone: 405.946.7337 – outpatient services

Emergency Assistance

American Red Cross of Central and SW Oklahoma

601 NE 6th St. OKC, OK 73104 Phone: 405,228,9500

American Red Cross - Military Families

4301 Wilson St. RACH Phone: 580.350.3663

Lawton Fire Department

623 SW D Ave. Phone: 580.581.3280 or 911

Lawton Police Department

10 South 4th St. NON-Emergency Phone: 580.581.3270 or 911 for

Employment

Cameron University - Student Enrichment Center

2800 W Gore Blvd, Bldg 2075 Phone: 580.581.5908

Express Employment

1920 NW Cache Rd. Phone: 580.355.6002

GED Classes - Goodwill Career Development Center

1901 W Gore Blvd. Suite C Phone: 580.357.3465

Goodwill Industries Employment Program 1210 Summit Ave. Phone: 580.355,2163

The Next Step TLP, Inc. Employment Prog. Young Adults 18-

21 Rehabilitation Assistance

2315 SW H Ave. Suite #5 Phone: 580.917.0266

Workforce of Oklahoma

1711 SW 11th St. Phone: 580,357,3500

Adult Literacy Roundtable - Lawton Public Library

110 SW 4th St. Phone: 580.581.3450 ext. 6

Food

Birthright - Baby Food/Formula

5108 W Gore Blvd. Suite 7 Phone: 580.248.3110

Centenary United Methodist Church - Sack Lunches

704 SW D Ave. Phone: 580.355.5660 - 4th Sat. of each month (except December) showers, toiletries, clothing

Center for Creative Living

3501 SW Dr. Elsie Hamm Dr. Phone: 580.248.0471 - Every

Wednesday and Friday from 11-12pm

Central Baptist Church of Lawton

901 SW B Ave. Phone: 580.353.6750 - free lunch from 11am-

12pm on the 3rd Sat. of each month

Earn While You Learn Program (Pregnancy Resource Center)

319 SW C Ave. Phone: 580.536.4040 - Provides baby

food/formula and maternity/baby items. Open Monday, Tuesday,

and Thursday 9-5pm. Wednesday 9-1pm.

Food 4 Kids Program Lawton Public Schools Contact LPS Nutrition Office at 580.355.1140

House of Bread Ministries

1415 SW Wisconsin Ave. Phone: 580.248.8519

Hungry Hearts Feeding Ministry

701 SW D Ave. Phone: 580.704.9224

Lawton First Assembly Food Pantry

Call or fill in the online form and you will be contacted to make an appointment www.lawtonflrst.org/foodpantry

Lawton Food Bank

1819 SW Sheridan Rd. Phone: 580.353.7994

foodishappy@lawtonfoodbank.org

Lawton Mobile Meals

2800 W Gore Blvd. Phone: 580.357.5396

M28 Ministries

2001 SW D Ave. Lawton OK: 580-695-5196

Salt of The Earth Ministries

2209 NW 25th St. Phone: 580.248.3170 - 3rd and 4th Tuesday of

the month from 12-2pm. SNAP Program/Food Stamps - DHS

2609 SW Lee Blvd. Phone: 580,250,3600 M·F 7:30-5:00pm

St. Johns Baptist-Feeding Ministry

504 SW NH Jones Ave. Phone: 580.357.3542 - 6 Days a week 11:30-12:30

The Salvation Army Food Bank

1306 E. Ave. Phone: 580.355.1802 Monday-Friday 9:30-11:30

1010 SW Sheridan Rd. Phone: 580.585.6625

Health

Advantage Program

Home medical assistance for those with disabilities

Phone: 800.435.4711

Breastfeeding 24-Hour Helpline

1.877.452.5324

Children Birth to 3 Sooner Start Early Intervention-Disability

1010 S Sheridan Rd. Phone: 580.585.6610

Comanche County Health Dept.

1010 S Sheridan Rd. Phone: 580.248.5890

Comanche County Home Health

3126 NW Arlington Ave. Phone: 580.585.5575

Department of Human Services-Children & Low Income

2609 SW Lee Blvd. Phone: 580.250.3600 **Hearts That Care Volunteer Health Clinic**

1313 W Gore Blvd. Phone: 580.354.9007 - Medical 1st and 3rd Thursday of every month. Dental is 2nd Thursday of month. Call or

go to www.heartsthatcarelawton.org for an appointment.

Lawton Community Health Center

3811 W Gore Blvd. Blda. 6 Phone: 580.355.5242

Lawton Council of the Blind - Glasses

1302 SW A Ave. Phone: 580.695.1936 or 580.536.1650

Lawton Noon Lions Club Contact Jerry Burrow at 580.248.1794 or Joanna Robinson at

580.355.1802 about free eyeglasses.

New Life Assembly - Medical Equipment

504 W B Ave. Cache, OK 73527 Phone: 580.429.3342 Oklahoma Healthy Aging Initiative

580.699.3978

OSU Extension Services

611 SW C Ave. Phone: 580.355.1176 Parkinson Foundation of Oklahoma

711 SW D Ave. Phone: 580,699,2204

Pregnancy Services (Birthright of Lawton)

5108 W Gore Blvd. Suite 7 Phone: 580.248.3110

Prenatal Classes (Southwestern Medical Center)

5602 SW Lee Blvd. Phone: 580.531.4729

RAIN - HIV/AIDS Patient Services 1103 SW C Ave. Phone: 580.353.7900

Rx for Oklahoma 2 SE Lee Blvd. Suite #200 Phone: 580.353.5616

Southwestern Home Health

1908 East Gore Blvd. Suite A Phone: 580.248.7060 Variety Care-Big Pasture 201 1st St, Grandfield, OK Phone: 866.388.6688

Housina

Benjamin O. Davis High-Rise 620 SW E Ave. Phone: 580.581.3490

Columbia Square Apartments

305 NW 4th St. Phone: 580,248,2550

Comanche Nation Housing Authority 1918 E Gore Blvd. Phone: 580.357.4956

Comanche Nation New Pathways Halfway House for

recovering addicts with Indian Card

Laurie Tatum Rd. Phone: 580.248.3654

Golden Age Apartments Low Income Housing Elderly/Disabled

701 E County Line Rd, Hollis, OK 73550 Phone: 580.688.9444

Goodwill Village Apartments - Low Income Housing for Elderly/Disabled

1505 SW 11th St. Phone: 580.353.0912

Habitat for Humanity Low-Income Housing 1006 SW E Ave. Phone: 580.250.1700

Helen Holliday Home Halfway House for Recovering Addicts (women)

411 W. Gore Blvd. Phone: 580 357 8166

Lawton Housing Authority

609 SW F Ave. Phone: 580.353.7392

Lawton Housing Authority Family Division

1327 SW Wisconsin Ave. Phone: 580.353.1894

Lawton Support Services

609 SW F Ave. Phone: 580.595.0063

Lawton Pointe Apartments- Income Based

2237 NW Hoover Ave. Phone: 580.357.4040

The Next Step TLP. Housing for Young Adults 18-21 2305 SW H Ave. Suite #5 Phone: 580.917.0266

Weatherization Great Plains Improvement Foundation 2 SE Lee Blvd. Suite #200 Phone: 580.353.2364

Legal

Catholic Charities

Immigration lawyer twice a month

305 NW 4th St. Phone: 580.353.1811 Legal Aid Services - Agricultural Worker Program

Phone: 405.549.4686 Migrant Hotline: 866.439.0916 Early Settlement Mediation of Southwest Oklahoma

2800 W Gore Blvd. Phone: 580.581.5420

Legal Aid Services of Oklahoma 323 SW C Ave. Phone: 580.248.4675

Legal Aid Services of Oklahoma Seniors Hotline Phone: 855.488.6814 Mon-Thurs, 8:30am to 4pm

Teen Court-First Time, Juvenile and Misdemeanors 814 SW C Ave. Phone: 580,250,1466

Military

Armed Services YMCA Oklahoma

860 NW Cache Rd. Phone: 580.350.6849 Cohen Veterans Network - Mental Health Care for Veterans,

Active Duty, and Family Members

4202 SW Lee Blvd. Phone: 580.771.2662 **DAV-Disabled American Veterans Service Center** 4704 NW Motif Manor Blvd. #5 Phone: 580.248.8387

Fort Sill - Morale, Welfare & Recreation (MWR)

Veterans Center 501 SE Flower Mound Rd. Phone: 580.351.6511

3334 Sheridan Rd. Fort Sill. OK Phone: 580,442,0930

Senior Citizen Assistance

Angels Care Home Health 4645 W Gore Blvd. Suite C Phone: 580,248,0186

ASCOG AAA

802 W Main St. Duncan, OK 73533 Phone: 580.736.7036

Center for Creative Living 3501 SW Dr. Elsie Hamm Dr. Phone: 580,248,0471

Legal Aid Services of Oklahoma Seniors Hotline Phone: 855.488.6814 Mon-Thurs, 8:30am to 4pm

Oklahoma Healthy Aging Initiative 580.699.3978

Service Animals

Paws with Love Therapy Dogs

1401 NW 82nd St. Phone: 580.699.7007

Shelters

C. Carter Crane-Men/Women/Children

1203 SW Texas Ave. Phone: 580,248,0936

Comanche Nation Women's Shelter - Women/Children

580.492.3590

Family Promise of Lawton-Family/Expectant Moms

901 SW 17th St. Phone: 580.353.7522

Marie Detty-Older Youth

2501 SW E Ave. Phone: 580.248.6450

New Directions-Domestic Violence Shelter

580 357 614

The Salvation Army-Extreme Weather/Anyone

1306 E Ave. Phone: 580.355.1802 6pm-8am. Picture ID Required.

The Next Step TLP Inc. 18-21Year Old Females ONLY

2305 SW H Ave. Suite #5 Phone: 580.917.0266

Support Groups

Alcoholics Anonymous Unity Group

2204 W Gore Blvd. Phone: 580.591.2604

Caregiver Help Desk Phone: 1.855.227.3640

Comanche Indian Tribe Substance Abuse

807 SW F Ave. Phone: 580.357.3449

Mental Health and Substance Abuse Support Group

Phone: 580.248.5780

Depression/Bipolar Support Group

110 SW 4th St. Phone: 580.483.4942 – Meets Mondays at 6:30pm

in the Lawton Public Library Room #2

Gamblers Anonymous

2621 SW C Ave. Phone: 580.357.6889 Meets Mon, Fri 12pm at

Cameron Baptist Church 3401 W Gore Blvd.

Grandparents and Other Relatives Raising Children

417 NW 69th St. Phone: 580.536.3338

Grief: Compassionate Friends

1402 NW Arlington Ave. Phone: 580.291.7425

Meets at 6:30pm the 1st Thursday of the Month

<u>GriefShare</u>

2621 SW C Ave. Phone: 580.355.4854

Meets at Cameron Baptist Church on Sundays. Please call for

time.

Heartbeat Grief Support Group

Meets at CCMH. 3401 W Gore Blvd. in the Oakwood Room 4

Phone: 580.536.7078

Lupus Support Group Lawton

Meets at Storage-R-Us last Tuesday of each month @ 7:00pm

900 NW Rogers Lane Email: bmo110315@yahoo.com

NAMI- Mental Health Support Group

Meets at CCMH. 3401 W Gore Blvd. Phone: 580.583.8126

Narcotics Anonymous Support Group

Meets at Comanche County Memorial Hospital

OK2BU - LGBTQ Community

1529 W Gore Blvd. Suite C2 Phone: 580,238,1291

Parenting Resource - Children First

Meets at the Comanche County Health Dept.

1010 Sheridan Rd. Phone: 580.248.5890 Suicide Prevention Hotline

1.800.273.8255

Weight Management Take Off Pounds Sensibly, No. 327

Meets at Holy Family Catholic Church

1010 NW 82nd St. Phone: 580-536-7104

Tax Assistance

Goodwill VITA Program

1203 SW Lee Blvd OR 616 NW Sheridan Rd. Phone: 580.355.2163 or toll free at 866.581.7905 **Great Plains Improvement Foundation**

2 SE Great Plains Blvd. Suite #200 Phone: 580.353.2364

Legal Aid Services of Lawton

323 SW C Ave. Phone: 580.248.4675

<u>Transportation</u>

Comanche Nation Transit (Open to Public)

584 NW Bingo Rd. Phone: 580.492.3389

DAV - Disabled American Veterans

4704 NW Motif Manor Blvd. #5 Phone: 580.248.8387

LATS - Lawton Area Transit System

611 SW Bishop Rd. Phone: 580.248.5252

Red River Transportation-Medicare Patients
105 S Main St. Fredrick, OK Phone: 580.335.5588

202 S Commercial Ave. Temple, OK Phone: 580.342.6967 SoonerRide-Medicare/Medicaid

To/From Doctor Appointments. Phone: 1.877.404.4500

Utility & Rental Assistance

Catholic Charities (2nd & 3rd Monday's)

106 SW A Ave. Phone: 580.353.1811

Holy Family St. Vincent DePaul Society

1010 NW 82nd St. Phone: 580-536-8729 or 12 SW 7th St. Phone: 580.355.7837

Lawton Housing Authority

609 SW F Ave. Phone: 580.353.7392

Lawton Support Services

609 SW F Ave. Help Line Contact: 580.595.0063

Lifeline Program-Phone & Internet Service Fidelity

811 SW D Ave. Phone: 580.699.2020 ask about lifeline services or download application at www.fidelitycommunications.com/lifeline

LIHEAP Program (Electrical)

DHS Office at 2609 SW Lee Blvd. Phone: 580.250.3600

Marie Detty New Directions

580-250-1794

The Salvation Army

1306 SW E Ave. Phone: 580.355.1802

Veterinarian/Animal Services

Animal Birth Control Clinic - Affordable & Reduced Prices

85 NE 20th St. Phone: 580.355.6985

Youth

Boys & Girls Club-Salvation Army

1315 SW F Ave. Phone: 580.357.7541

Boy Scouts of America, Last Frontier Council

620 NW Cache Rd. Phone: 405.858.4601

CASA of Southwest Oklahoma, Inc.

1001 SW B Ave. Ste. 190 Phone: 580.248.2272

Girl Scouts of Western Oklahoma 580.357.7737

Lawton Family YMCA

5 SW 5th St. Phone: 580.355.9622

Lawton Public School Enrollment Center

102 E Gore Blvd. Phone: 580.353.0171

Marie Detty Youth & Family Services

317 SW C Ave. Phone: 580.248.6450 McKinney Vento (Homeless Youth)

753 NW Fort Sill Blvd. 580.357.6900 EXT. 2311

MIGHT Community Development & Resource Center

714 SW 45th St. 580.595.4808

Teen Court

1001 SW B Ave., Ste.120, Phone: 580.250.1466

United Way Funded Partners

Armed Services YMCA Oklahoma

580.350.6849

Boy Scouts of America, Last Frontier Council

580.357.3633

C. Carter Crane Shelter for the Homeless

580.248.0936

CASA of Southwest Oklahoma

580.248.2272

Catholic Charities 580.353.1811

Center for Creative Living

580.248.0471

Christian Family Counseling

580.531.4512

Family Promise of Lawton

580.353.7522

Girl Scouts of Western Oklahoma

580.357.7737

Hearts that Care Volunteer Health Clinic

580.354.9007

Lawton Food Bank

580.353.7994 Lawton Family YMCA

580.355.9622

Legal Aid Services of Oklahoma

580.248.4675 Marie Detty Youth and Family Services

580.248.6450
MIGHT Community Development & Resource Center

580.595.4808

Oklahoma Parkinson Alliance 580.699.2204

Salvation Army Corps Community Center

580.355.1802 Success by Six

580.355.0218

Teen Court 580.250.1466

Variety Care

866.388.6688

OK 211 - 1-877-362-1606 1-405-840-9396



CALL OR TEXT 988
MENTAL HEALTH LIFELINE



United Way of Southwest Oklahoma

Resource and Referral Guide 2023

United Way of Southwest Oklahoma

1116 SW A Ave.

Lawton, OK 73501

Phone: 580.355.0218
Website: uwswok.org

LIVE UNITED

To access our CRD online

Please scan the QR code on the back